

SPORTS INJURIES

How often do you hear a patient say, "How long until I can play..."?

Playing sports spans across all ages and has the power to bring together a wide diversity of people. Passion doesn't begin to describe the connection people have to playing sports, and at FYZICAL, we understand the effect it can have on someone to be told they can no longer play the game. We recognize that returning to sports is one of the most sought after ways that we can help you truly learn to Love Your Life. We strive to treat any and all sport related injuries so that we can help people return to the activities and sports they love with as little down time as possible. We treat all sport related injuries including:

- 1. Lateral epicondylitis
- 2. Medial epicondylitis
- 3. Rotator cuff tendinopathy/tears
- 4. ACL and meniscal tears
- 5. Hip pain/rotation deficits/low back pain
- 6. All post surgeries
- 7. Many more

We treat from head to toe and make it our goal and our passion to ensure safe return to all sporting activities and prevention of future injuries.

FYZICAL® SERVICES

- Balance, Dizziness & Fall Prevention
- Pediatrics OT, PT & SLP
- Orthopedic Rehab
- Occupational & Hand Therapy
- Sports Rehab
- Fitness & Wellness
- Speech Therapy
- Neurological Rehab
- Auto/Work Injuries
- Foot & Ankle Therapy
- Massage & Myofascial Therapy

Love Your Life®